

AMMAN, JORDAN TRAINING FOR FACILITATORS

Session 1 Tuesday 10-1:00 (3 hours)

Welcome and Introductions
Agenda Preview
Gathering: I want to be an AVP facilitator because.....
Opening Talk
-Goals of T4F
-AVP Beliefs
-AVP Process
-Agreements
Group brainstorm. What is it to be an AVP facilitator and a team member?
BREAK
Concentric Circles – Affirmation and Team Building
e.g. one thing I am good at. one thing I appreciate about working in a team.-.
Light and Lively: Pattern Ball
The Draft Manual – Overview
(write sections on poster)
LUNCH

Session 2 Tuesday 1:30-4 p.m. 2.5 hours

Agenda Preview
Gathering: A facilitator skill I would really like to work on is___ because_____
Presenting and Processing Exercises
Group Brainstorms
Team Set Up and Assignments for Teams
- Overview
Team Building and Name Your Team
One 2 hour session with all components
Set up Sessions for Day 2.
Choose exercises
Volunteer to lead exercises
Closing: Namaste

Session 3 Wednesday 9.30-1

Teams finalise their session's planning
Welcome!
TP presentation
What is Team Feedback? Demonstration
Team 1: Union team
Agenda Preview and Gathering: I feel good about myself when...

Exercise 1: Concentric circles: one person who has affected my life - one event that changed my life- one quality I appreciate in a friend
Light and Lively :big wind blows:
Exercise 2: a conflict I solved non-violently
Evaluation: head, heart and materials!
Clinic and Feedback

Session 4 Wednesday 1:30-4:00

Team Facilitator Feedback
Team salaam Agenda Preview and Gathering: someone or something I have a link with
Exercise 1: effective listening skills in three
Light and Lively: you see/I see drawing
Exercise 2: Changes 1,2,3
Closing: rainstorm
Evaluation
Clinic and Feedback
Closing

Session 5 Thursday 10-1

Welcome Back!
Agenda Preview and Gathering: One think I need from this group in order to be honest is....
Team Facilitator Feedback
Transforming Power Sessions Group A and B
LUNCH

Session 6 Thursday 2:30 - 400

Consensus review: choosing an unanswered question for fishbowl
Fish Bowl - Question, can AVP affect peoples from countries like the middle east who have grown up with so much violence?
Next Steps, Graduation and Closing: why I want to facilitate with you